



American Heart Association.  
HeartCorps™



AmeriCorps

# Community Health Class

How much do you really know about  
how your sugary drinks affect your  
health?

Want To Learn More About How  
to Make Life Sweet, Not Your  
Drink ?

Attend our FREE Health Classes to  
learn more about Heart Health.

Earn a one-time only \$20.00 gift card  
for completing our survey after your  
1st class.

Sundown City Library

2 pm - 3pm



FOR MORE INFORMATION E-MAIL

[nancy.plumley.HeartCorps@heart.org](mailto:nancy.plumley.HeartCorps@heart.org)